Prism Glasses
Making mirror therapy truly portable

Prism Glasses are specifically designed to provide an easier and more comfortable process for mirror therapy that can fit into the lifestyle of the patient.

Created to treat those suffering from phantom limb pain and aid the rehabilitation of patients following a stroke, the glasses also have applications in the treatment of visual neglect syndrome and other chronic pain conditions, such as complex regional pain syndrome.

The result of a collaboration between a pain management consultant in Tayside Health Board and an optometrist from Glasgow Caledonian University – with design input from a highly experienced team including an ophthalmologist, health psychologist, stroke physician and a physiotherapist – Prism Glasses allow the affected area of the patient’s body to be visualised, encouraging the generation of new neural pathways, aiding recovery and alleviating pain.

For further information, or to purchase the Prism Glasses, visit www.shil.co.uk/browse

Dr. Jonathan Bannister, a Consultant in Anaesthesia and Pain Medicine in NHS Tayside is co-inventor of the Prism Glasses.

“Strokes are debilitating for the patient and the inability to move the limbs frustrating. Mirror therapy is an effective tool for helping patients down the road to recovery however it was disappointing that there was no product that was easy for patients to use to help them in their own homes. This inspired the development of the Prism Glasses and I am delighted to see the final product ready to help patients rehabilitate after stroke.”
Scottish Health Innovations Ltd (SHIL) work in partnership with NHS Scotland to identify, protect, develop and commercialise healthcare innovations to improve patient care.

Working collaboratively with every health board in Scotland, we help move promising ideas and innovations from health professionals into viable products and services to improve patient care.

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